



CONTEMPLATIVE OUTREACH

SILENCE
SOLITUDE
SERVICE

of Northern Virginia

Offers a Lectio Divina Workshop

Led by Bob Gullo

April 9th, 2011

from 9:30am to 4:30pm

Andrew Chapel United Methodist Church

1301 Trap Rd, Vienna, VA

Click [here](#) for directions

Cost: \$50 for all seven sessions

Scholarships available upon request

Lectio Divina, literally meaning "divine reading," is an ancient practice of praying the scriptures. During Lectio Divina, the practitioner listens to the text of the Bible with the "ear of the heart," as if he or she is in conversation with God, and God is suggesting the topics for discussion. The method of Lectio Divina includes moments of reading (*lectio*), reflecting on (*meditatio*), responding to (*oratio*) and resting in (*contemplatio*) the Word of God with the aim of nourishing and deepening one's relationship with the Divine. **The workshop includes instruction on the method of Lectio Divina in a one-day session, plus six additional weekly sessions**

- No previous experience is required.

- Please bring a bag lunch. Coffee, tea and water will be provided.

- Please check our web site, <http://conova.org/events.html>, for cancellation due to inclement weather.

Six follow up sessions from 9:30am to 11:00am

April 16th, April 23rd, April 30th, May 21st, May 28th, June 4th

Location: Andrew Chapel United Methodist Church

1301 Trap Rd, Vienna, VA

Click [here](#) for directions

Contact:

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Registration: Mail to Lynn Heaton, 6040 N 23rd Street; Arlington, VA 22205 - sassyfive@comcast.net

Please make checks to CONOVA

Name:

Address:

Email:

Check: \$